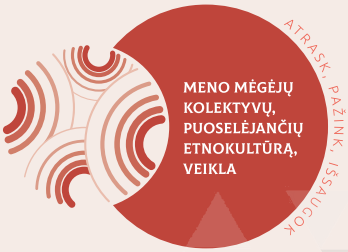
# ACTIVITIES OF ART AMATEUR GROUPS FOSTERING ETHNO-CULTURE

# ACTIVITIES OF ART AMATEUR GROUPS – AN EXPRESSION OF THE SOUL OF TRAKAI REGION

The history of national art is as extensive as the history of mankind. Some of the most beautiful niches that can reflect the community of nations is ethno-cultural art. Ethno-cultural activities are divided into separate categories, but one of the most striking and most noteworthy is dance, song and music.

Various event formats, such as celebrations, festivals, competitions, etc., show the performing arts of the Trakai region, leaving no one indifferent. Such a favourable reaction of art lovers is conditioned by many details, from national costume patterns to dance steps or musical instruments. Performances are adapted to the requirements of the stage. If it is a dance, then one can notice the stylised, harmonious dancer movements, steps, their combinations, and the characteristic manners. Authenticity and peculiarity of dance is preserved. If it is an ensemble of music and songs, exceptional musical instruments are used, the spirit of the nation is conveyed in the harmony of music.

All artistic activity is focused on the enthusiastic nurturing of what is preserved. Both songs and dances move the audience to the path of knowledge of history, mythology and traditions. It is important to mention that the mission of national art as a niche is to cultivate those values that bring people together for community and encourage the preservation of traditions.